



St. Joan of Arc School Anti-Bullying Curriculum

***Why Bullying Behavior is
Harmful***



Bullying at School Quiz: Do you agree or disagree?

Bullying doesn't happen at our school

- ***70% of students nationwide report being bullied in school, 15% on a regular basis***

Bullying is a natural part of childhood

- ***The height of bullying occurs between the 3rd & 8th grades. It is not natural, but is mean & cruel***

“Sticks & stones will break my bones, but words will never hurt me.” Children can work it out on their own by using a saying like this

- ***The emotional abuse of name-calling can lead to depression and even suicide***



Bullying at School Quiz: Do you agree or disagree?

You're a snitch if you complain: this goes for kids and adults

- ***It is not snitching to protect and assert your right to not be bullied. It is courageous - the bully wants you to be quiet!***

Most bullies are boys

- ***Most physical bullying occurs among boys. Most verbal bullying and shunning is caused by girls.***

Bystanders are present in 3 out of 20 bullying incidents

- ***Bystanders are present in 70% of bullying incidents***



Bullying Affects ALL Students Negatively!

- ***Effects physical, social, and mental health of school population - can create a climate of fear***
- ***Harder to concentrate on school work and in class***
- ***Students are nervous it will happen to them***
- ***This nervousness causes anxiety, short temper, and a feeling of being “on edge”***
- ***Students are afraid to be who they are and can stop speaking out in class or even participating in gym***



Bullying Affects ALL Students Negatively!

- ***Students are not learning, therefore, grades drop, teachers worry and talk to parents, then parents worry***
- ***The bullying target feels bad: low self-esteem, lonely, depressed, anxious***
- ***Student is affected socially and can begin to isolate himself***
- ***The target begins to feel guilty and blames herself***
- ***This violates constitutional and personal rights***

Roles of Bullying



- ***Bully***
- ***Target***
- ***Bystander***
- ***Active Bystander:
assisting or
reinforcing bully***
- ***Passive Bystander:
avoiding or refusing
to intervene***



Role of the Bystander

There are no innocent bystanders!

- ***Their actions can encourage bullying (ex: laughing)***
- ***Their actions can be seen as giving permission to bully (ex: not objecting or ignoring)***
- ***It's OK to tell!***
- ***Who do you tell??***



Is It Teasing or Bullying?

Good-Natured Teasing

- ***Playful between BOTH people***
- ***Uses a friendly tone***
- ***Encourages friendships***
- ***Doesn't lead to physical confrontations***
- ***Sometimes lightens a tense moment***

Hurtful Teasing

- ***Uses angry tone***
- ***Angry body language***
- ***Continues even when distress is evident***
- ***Continues even when the topic is upsetting to others***
- ***Accompanied by "showing off"***



Think Before You “Tease”

Is the teasing about...

- ***Identity?***
- ***Appearance?***
- ***Ability?***
- ***Social Status?***
- ***Sexual Content?***

If yes to any of these, it may be best to not say anything at all



The TRIPLE D's of Bullying

DANGEROUS

- ***Someone might get hurt***

DESTRUCTIVE

- ***Something might get broken, damaged, or destroyed***
- ***Someone repeatedly teases or bullies other people***

DISCRIMINATORY

- ***Someone's core identity is ridiculed***



You Decide: Joking? Teasing? Or Bullying?

Judy recently moved to Jackson Heights and just finished her first week in St. Joan of Arc Catholic School's middle school. At 5 ft 8 in, she towered over most of the students in her class. While looking for a place to sit, another student called to her, "Hey, shorty, there's a spot over here!" Judy paused for a moment and another girl from the group waved her over. "Don't pay attention to her," she told Judy. "That's just the way we talk to each other. They call me Einstein because I got all C's on my last report card."



You Decide: Joking? Teasing? Or Bullying?

For years, Angel has made fun of his best friend, Dave's, peanut butter obsession. "You'd eat my gym sock if it was covered in peanut butter," he once told Dave. For the science fair, the students designed mazes to test the intelligence of mice. When Mr. Mazza told the class that they would be baiting the mazes with peanut butter, Angel called out, "Better be careful - Dave might get to the end of the maze before the mice!" The other students broke out in laughter.



You Decide: Joking? Teasing? Or Bullying?

On Monday afternoon, Roberto used his lunch time to hang posters around the school, which read, "Vote Roberto for Student Council President." On Tuesday morning in homeroom, Roberto found one of his posters taped to the blackboard in the front of the classroom. Someone had crossed out the word, "President," and replaced it with "First Lady." One of Roberto's classmates pointed to a girl in the first row, indicating that Martha had altered the poster. Roberto glared at her as he tore down the poster. "It's just a joke," Martha laughed. "Lighten up - I'm gonna vote for you."

Wrap-Up & Review



***With your groups, list
three ways to
complete the
following sentence:***

***Teasing has
crossed the line
to become
hurtful when...***